



You are a Priority Day and Night



We understand that accidents happen, kids get sick and health concerns can arise at all times of day or night. That's why at CIGNA HealthCare, you have options for who to call and where to go to meet your health care needs — 24 hours a day, 7 days a week.

Information at Your Fingertips

When you aren't sure where to go to seek non-emergent care, you can:

- Contact your Primary Care Physician (PCP), or his or her designated 'on-call' doctor, for instructions.
- ➤ Call our convenient CIGNA HealthCare 24-Hour Health Information LineSM at 1.800.564.8982 to speak with a nurse who can respond to your health care questions, direct you to the nearest participating medical facilities, or provide suggestions for helpful home care that may offer comfort until you see your doctor.



Choices for Care

It's sometimes difficult to know where to seek care when you or a family member becomes suddenly ill or has an accident. If you believe that if the situation is not treated right away it could result in loss of life or serious complications, it is likely an *emergency*.

Examples of emergency situations are uncontrolled bleeding, loss of consciousness, chest pain, shortness of breath and broken bones. In an emergency, call 911 or go to the nearest emergency room. You or a family member should contact your PCP as soon as reasonably possible for further assistance and directions on follow-up care.

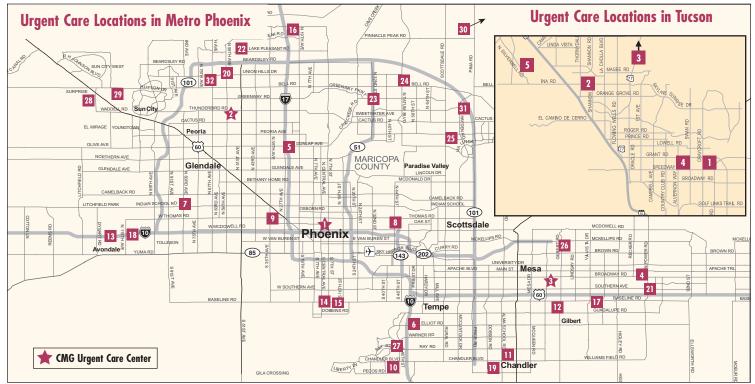
Some situations require prompt medical attention, but are not emergencies. Examples of *urgent* situations include minor injuries such as sprains and strains, ear infections, high fevers, minor cuts and burns. For these, the ideal place to go for care is an *urgent care facility* – typically open earlier and later than your doctor's office. Best of all, you're likely to spend less time waiting to be seen.

CIGNA Medical Group (CMG) has three CMG Urgent Care Centers located at the Clyde Wright, Paseo and Stapley Health Care Centers. All have regular and extended office hours, including weekends and holidays.

See the reverse side for CMG Urgent Care Center locations and all contracted urgent care facilities throughout Arizona.

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Where to go?



Urgent care services are available at the following facilities:

CMG Urgent Care:

1. Clyde Wright 755 E. McDowell Rd. Phoenix, AZ 85006 602.271.5111

2. Paseo 5891 W. Eugie Ave. Glendale, AZ 85304 602.588.6600

3. Stapley 1111 S. Stapley Dr. Mesa, AZ 85204 480.464.8500

Other Phoenix **Locations:**

- 4. Advanced Urgent Care 6553 E. Baywood Avenue, Suite #103 Mesa, AZ 85206 480.985.6200
- 5. Advanced Urgent Care Clinic Care 2423 W. Dunlap Rd. Phoenix, AZ 85021 602.216.6862
- 6. Advanced Urgent Care Desert Sun Medical 1804 W. Elliot Rd. Tempe, AZ 85284 480.456.0444
- 7. Advanced Urgent Care Med 97 8260 W. Indian School Phoenix, AZ 85033 623.846.7122

- 8. Advanced Urgent Care Oak Medical 2301 N. 44th St. Phoenix, AZ 85008 602.808.8786
- 9. Advanced Urgent Care 33rd Ave. Medical 3302 W. Thomas Rd. #10 Phoenix, AZ 85017 602.233.2900
- 10. Ahwatukee Foothills Health Center 4545 E. Chandler Blvd. Phoenix, AZ 85048 480.961.2300
- 11. Chandler Valley Urgent Care Clinic, Inc. 936 W. Chandler Blvd. #1 Chandler, AZ 85225 480.792.1025
- 12. Gilbert Health Center 1501 N. Gilbert Rd. Gilbert, AZ 85234 480.503.5400
- 13. Good Night Pediatrics 10320 W. McDowell Rd., Bldg. L Avondale, AZ 85323 623.643.9233, ext. 137
- 14. Good Night Pediatrics South Mountain, P.C. 325 E. Baseline Road Phoenix, AZ 85042 602.824.4228
- 15. Jesse Owens Urgent Care 325 E. Baseline Rd. Phoenix, AZ 85040 602.824.4350

- 16. John C. Lincoln Urgent Care 325 W. Anthem Way, Suite #A100 Anthem, AZ 85086 623.434.6444
- 17. NextCare Urgent Care 3130 E. Baseline Rd.. Suite 105 Mesa, AZ 85204 480.776.1588
- 18. NextCare Urgent Care 13075 W. McDowell Rd. #D106 Avondale, AZ 85323 623.547.0522
- 19. NextCare Urgent Care/ Chandler Urgent Care 600 S. Dobson Rd. Chandler, AZ 85224 480.814.1560
- **20.** NextCare Urgent Care 18589 N. 59th Ave., #101 Glendale, AZ 85308 602.547.2600
- 21. NextCare Urgent Care 1066 N. Power Rd. #101 Mesa. AZ 85205 480.807.0130
- 22. NextCare Urgent Care 20470 N. Lake Pleasant Rd.#102 Peoria, AZ 85382 623.825.4600

- **23.** NextCare Urgent Care/ Greenway Urgent Care, L.L.C. 15223 N. 87th Street, 3229 E. Greenway Rd. #102 Phoenix, AZ 85032 602.788.3285
- 24. NextCare Urgent Care 20950 N. Tatum Blvd. #190 17218 N. 72nd Drive. Phoenix, AZ 85050 480.776.0021
- 25. NextCare Urgent Care/ Shea Urgent Care 7425 E. Shea Blvd. #108 Scottsdale, AZ 85260 480.348.1060
- 26. StatClinix 1151 N. Gilbert Rd. Mesa, AZ 85213 480.610.0688
- 27. StatClinix 4530 E. Ray Rd. #100 Phoenix, AZ 85044 480.598.7500
- 28. Sun Health Surprise Urgent Care 15468 N. Civic Center Dr. Surprise, AZ 623.584.2917
- 29. West Valley Urgent Care 1622 N. Swan Road 12133 W. Bell Rd. #101 Surprise, AZ 85308 623.815.9073
- 30. StatClinix, PLC 680 E. Deuce Of Clubs, Suite B Showlow, AZ 85901 928.537.2777

- 31. StatClinix. PLC #110 Scottsdale, AZ 85260 480.598.7500
- 32. West Valley **Urgent Care** #100 Glendale, AZ 85308 623.334.8670

Tucson Locations:

- 1. NextCare Urgent Care 6238 E. Pima Št. Tucson, AZ 85712 520.290.0022
- 2. Northwest Medical Center Urgent Care 2945 W. Ing Rd. Tucson, AZ 85741 520.219.6616
- 3. Northwest Medical Center Rancho Vistoso Urgent Care 13101 N. Oracle Rd. Tucson, AZ 85737 520.818.2000
- 4. Urgent Care Associates, P.C. Tucson, AZ 85712 520.795-8888
- 5. Northwest Medical Center Urgent Care 8333 N. Silverbell Tucson, AZ 85743 520.202.7700

Additional contracted facilities in Arizona:

Cochise County

AZ Family Care Associates Urgent Care Clinic, L.L.C. 302 El Camino Real #5 Sierra Vista, AZ 85635 520.459.8990

Coconino County

Concentra Medical Center 120 W. Fine Ave. Flagstaff, AZ 86001 928.773.9695

Flagstaff Walk-In Clinic, LLC. 4215 N. Hwy. 89 Flagstaff, AZ 86004 928.527.1920

1 Clinic Rd. Grand Canyon, AZ 86023 928.638.2551

Sedona Urgent Care 2530 W. Hwy. 89A #A Sedona, AZ 86336 928.203.4813

Mohave County

Fastrax Urgent Care Center 2002 Stockton Hill Rd., #103 Kingman, AZ 86401 928.753.3303

PromptCare Urgent Care 3641 Hwy. 95 Bullhead City, AZ 86442 928.704.4334

Pinal County

NextCare Urgent Care 2080 W. Southern Ave. #11 Apache Junction, AZ 85220 480.985.0172

NextCare Urgent Care 1729 N. Trekell Rd. #110 Casa Grande, AZ 85222 520.876.0800

Yavapai County

Prescott Valley Primary Care Urgent Care 3051 N. Windsong Dr. Prescott Valley, AZ 86314 928.772.2591

Yuma County

Grand Canyon Walk-In Clinic PrimeCare Central Urgent Care 284 W. 32nd St. Yuma, AZ 85364 928.341.4563

> Foothills Walk-In Medical Center 11274 S. Fortuna Rd. #1-4 Yuma, AZ 85367 928.345.2150